Proficiency Testing (PT) – a tool to improve laboratory performance

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Overview

Introduction to PT

The Eurachem PT Guide
- Key principles, aims and audience
- Strategy of PT participation
- Selecting the most relevant PT schemes
- Benefits of PT to a laboratory

Quality of PT provision

Concluding remarks
PT and ISO/IEC 17025

7.7 Ensuring the validity of results

7.7.2 The laboratory shall monitor its performance by comparison with results of other laboratories, where available and appropriate. This monitoring shall be planned and reviewed and shall include, but not be limited to, either or both of the following:

a) participation in proficiency testing;

NOTE ISO/IEC 17043 contains additional information on proficiency tests and proficiency testing providers. Proficiency testing providers that meet the requirements of ISO/IEC 17043 are considered to be competent.

b) participation in interlaboratory comparisons other than proficiency testing.
## What is PT?

<table>
<thead>
<tr>
<th>The definition of proficiency testing (ISO/IEC 17043*) is:</th>
<th>The primary aim of proficiency testing is:</th>
<th>A proficiency testing scheme provides laboratories with a framework for obtaining a regular external &amp; independent assessment of their performance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Evaluation of participant performance against pre-established criteria by means of interlaboratory comparisons</td>
<td>To provide the infrastructure for a laboratory to monitor and improve the quality of its routine analytical measurements</td>
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</tbody>
</table>

*ISO/IEC 17043 Conformity assessment – General requirements for Proficiency Testing*
PT – ensuring the validity of results

ISO/IEC 17025 – 7.7.1

ISO/IEC 17025 – 7.7.2
The Measurement Cycle

- **Pre-measurement**
  - Define issue
  - Decision on measurement
  - Validated procedures

- **Measurement**
  - Report on measurement
  - Data evaluation
  - Decision on result
  - Evaluation
  - Analysis
  - Sampling

- **Post-measurement**
  - Client issue
  - Decision on measurement
  - Client
  - Analyst

- **Interface**
Eurachem PT Guide

Contents

• Introduction, scope and definitions
• Introduction to proficiency testing
• Selection of appropriate PT schemes
• Use of PT by laboratories
• How a PT provider evaluates the laboratory’s performance
• Laboratory interpretation of PT results
• Annex A – Selection the most relevant PT scheme
• Annex B - Investigating unsatisfactory or questionable PT results
• Annex C - Interpretation of PT data by end users
• Annex D - Statistical aspects of PT
• Bibliography
The Eurachem PT Guide – the scope

Aim of the guide
• aims and benefits of participation in PT schemes;
• selecting the most appropriate PT scheme;
• understanding the basic statistics and performance scoring used by the PT providers;
• using and interpreting the PT results in order to improve the overall performance of the laboratory.

Audience for the guide
• all organizations performing:
  – Sampling
  – Testing
  – Calibrations
  – Examinations
• E.g. testing laboratories, calibration laboratories, inspection bodies, biobanks, etc.
• covers measurements, examinations and interpretations.
The Eurachem PT Guide – Key principles

- PT scheme selected should resemble as closely as possible the laboratory’s routine work.
- Laboratories should treat PT items as routine samples.
- PT scheme documentation, must provide clear information in order for all parties to understand how the PT scheme operates.
- Poor performance must be thoroughly investigated so that the laboratory can understand the reasons for poor performance and correct as necessary.

- Evaluation and interpretation of the performance in a PT scheme should take into account the risk associated with the measurement.
- Performance of a laboratory over several rounds of a PT scheme and analysis of trends is paramount to determining the successfulness of participation.
- PT provider should be open to discussion amongst interested parties in order to gain a more accurate understanding of the PT scheme and its operation.
- Laboratories should view PT participation as an educational tool, using the PT scheme results in the improvement process and to give feedback to staff.
Types of PT schemes

- **Type of expected result**
  - Qualitative
  - Quantitative
  - Interpretive

- **Frequency**
  - Single occasion exercise
  - Continuous

- **Distribution format**
  - Sequential
  - Simultaneous

- **Processes**
  - Pre-analytical
  - Analytical
  - Post analytical
Strategy of PT participation

- All laboratories need to develop an appropriate PT participation strategy.
- The aim is to participate in relevant PT schemes, at an appropriate frequency for the laboratory’s circumstances.
- Before selecting an appropriate PT scheme, the level and frequency of participation should be evaluated.
- This is the first of five key questions that a laboratory needs to address in order to select the most appropriate PT scheme:
  - What level of PT and frequency do I need?
  - Do any PT schemes exist for the technical competence required?
  - Is the PT scheme relevant?
  - Is the PT provider competent i.e., do they operate to ISO/IEC 17043?
  - Is the PT scheme independent of any manufacturing or marketing interests in equipment, test kits, or calibrators?
Level of PT participation

• Level
  – The number of specific activities that an organisation identifies within its scope of accreditation, and therefore the number of specific proficiency tests that should be considered for participation

• Consider areas of technical competence based on:

<table>
<thead>
<tr>
<th>Measurement procedure</th>
<th>Characteristic to be measured</th>
<th>Product to be analysed</th>
</tr>
</thead>
<tbody>
<tr>
<td>e.g., ICP-MS, Rockwell hardness, PCR, microscopy, force measurement</td>
<td>e.g., arsenic, fat, creatinine, length, hardness, force</td>
<td>e.g., soil, vegetables, serum, polystyrene, concrete</td>
</tr>
</tbody>
</table>

• An area of technical competence may encompass several products, properties and/or measurement techniques

• The laboratory must be able to demonstrate equivalence within each area of technical competence
Frequency of PT participation

- Frequency
  - The number of proficiency tests per unit of time, in which a laboratory participates for an activity as specified in their scope of accreditation
- Consider the level of risk affecting the laboratory, the sector in which it operates or the measurement procedures being used

<table>
<thead>
<tr>
<th>Level of Risk</th>
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<tbody>
<tr>
<td>- No. measurements undertaken</td>
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<tr>
<td>- Turnover of technical staff</td>
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<tr>
<td>- Experience and knowledge of technical staff</td>
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<tr>
<td>- Source of metrological traceability (e.g. CRMS, national standards)</td>
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<tr>
<td>- Known stability/instability of measurement procedure</td>
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<tr>
<td>- Significance and final use of data</td>
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</table>
Other QA Measures

• The laboratory should define its level and frequency of participation after careful analysis of its other QA measures

• For example
  – regular use of (certified) reference materials ((C)RM)s;
  – comparison of analysis by independent measurement procedures;
  – participation in method development/validation and/or RM characterisation studies;
  – use of IQC measures;
  – other interlaboratory or intralaboratory comparisons, e.g. analysis of blind samples within the laboratory.
## Selecting the most relevant PT Schemes

<table>
<thead>
<tr>
<th>PT Item</th>
<th>Participants</th>
<th>PT item distribution</th>
<th>Results</th>
<th>PT Reports</th>
<th>PT Providers</th>
</tr>
</thead>
<tbody>
<tr>
<td>What is the matrix?</td>
<td>Is the participant base national or international?</td>
<td>Are the distribution dates available and appropriate?</td>
<td>Are result deadlines available and appropriate?</td>
<td>How quickly are PT reports provided?</td>
<td>What is the scope of PT schemes offered?</td>
</tr>
<tr>
<td>Is the PT item real or simulated?</td>
<td>Is the number of participants or the size of the peer group appropriate?</td>
<td>Does the frequency of distributions meet the needs of the laboratory?</td>
<td>How are results to be reported?</td>
<td>What information is provided in the PT reports?</td>
<td>Is appropriate feedback and assistance provided?</td>
</tr>
<tr>
<td>Are all the characteristics routinely tested available?</td>
<td>What measurement procedures are being used by participants?</td>
<td>Does the PT provider allow flexible participation?</td>
<td>Can participants use their choice of measurement procedure?</td>
<td>Are the evaluation criteria fit for the laboratory's purpose?</td>
<td>Are &quot;surplus/repeat PT items&quot; provided for further investigations?</td>
</tr>
<tr>
<td>Are the characteristic values (e.g. concentrations) appropriate?</td>
<td>What type of laboratories are participating?</td>
<td></td>
<td>Can measurement uncertainties be reported and will they be assessed?</td>
<td>What format is the PT report?</td>
<td>Do they comply with the requirements of ISO/IEC 17043?</td>
</tr>
<tr>
<td>Are standard reporting units used?</td>
<td></td>
<td></td>
<td></td>
<td>Does the report include interpretable graphical summaries?</td>
<td>Are they accredited to ISO/IEC 17043 by an accreditation body?</td>
</tr>
</tbody>
</table>
Benefits of PT

- Identifying measurement problems
- Comparing measurement procedures
- Comparing operator capabilities
- Comparing analytical systems
- Improving performance
- Educating staff
- Exchange of information with the PT provider
- Instilling confidence
- Supporting measurement uncertainty estimation
- Provision of IQC materials
- Determining measurement precision and/or trueness
- Satisfying regulators and accreditation bodies
Quality of PT Provision

• Essential that the PT schemes being provided are of a high quality to support the quality assurance system of any laboratory
• The PT provider is critical external service provider to the laboratory, so it is important that the laboratory can be assured of the quality of the PT schemes provided.
• PT providers should operate to the international standard ISO/IEC 17043 – ‘Conformity assessment – General requirements for proficiency testing’
• Many PT providers will be accredited to ISO/IEC 17043
• Accreditation reassures that:
  – Working to the international standard
  – Aspects of the PT scheme conform to standard including:
    • Test material quality
    • Technical specifications
    • Customer feedback
    • Reporting and reports
    • Statistics
## ISO/IEC 17043 – the requirements

### Technical Requirements
- Personnel
- Equipment, accommodation and environment
- Design
- Choice of method or procedures
- Operation of PT schemes
- Data analysis and evaluation of results
- Reports
- Communication with participants
- Confidentiality

### Management Requirements
- Organisation
- Management system
- Document control
- Review of requests, tenders and contracts
- Subcontracting services
- Purchasing services and supplies
- Service to the customer
- Complaints and appeals
- Control of nonconforming work
- Improvement
- Corrective actions
- Preventive actions
- Control of records
- Internal audits
- Management reviews

The standard is currently being revised – new version expected to be published early to mid 2023.
Concluding remarks

• PT is a powerful and essential quality assurance tool for laboratories
  – Reflects the laboratory’s actual quality
  – Can address all phases of the measurement cycle

• Enables a laboratory to monitor and improve the quality of its measurements
  – A key requirement of ISO/IEC 17025

• Participating in PT schemes is an essential requirement for any laboratory wishing to ensure and demonstrate the validity of their measurements
  – Need to establish a participation strategy
  – Need to select the most appropriate PT schemes

• The recently revised Eurachem PT Guide provides valuable advice to laboratories on the use, selection and interpretation of PT schemes

• The international standard ISO/IEC 17043, currently under revision, provides the framework for assessing the competency of the providers of the PT schemes
Thank you for your attention